

MEASUREMENT CONVERSIONS

1/8 TEASPOON = PINCH

3 TEASPOON = 1 TABLESPOON

1/8 CUP = 2 TABLESPOONS

1/4 CUP = 4 TABLESPOONS

1/2 CUP = 8 TABLESPOONS

3/4 CUP = 12 TABLESPOONS

1 CUP = 8 OUNCES

1/2 PINT = 1 CUP

1 PINT = 2 CUPS = 16 OUNCES

1 QUART = 4 CUPS = 2 PINTS

1 GALLON = 16 CUPS = 4 QUARTS